












# NOVEMBER K-8 2 ENTREE LUNCH

ALL STUDENTS EAT FREE! ♦ [WWW.CPS.EDU/FOOD](http://WWW.CPS.EDU/FOOD)

MONDAY 	TUESDAY 	WEDNESDAY 	THURSDAY 	FRIDAY 
<p>5</p>  <p>CHEESE PIZZA (V)</p> <p>TURKEY &amp; CHEESE KABOOM! SUB</p>	<p>6</p>  <p>CHEESY CHICKEN NACHO BAKE SOUR CREAM · JALAPEÑOS · SALSA</p> <p>PB &amp; JELLY SANDWICH (V)</p> <p>SEASONED CORN (L)</p>	<p>7</p>  <p>CHICKEN PATTY SANDWICH LETTUCE &amp; TOMATO</p> <p>VEGGIE CHEESE SUB (V)</p>	<p>8</p>  <p>CHEF'S SPECIAL BAKED CHICKEN LEG (L) WITH BREADSTICK</p> <p>PB &amp; JELLY SANDWICH (V)</p> <p>HARVEST VEGETABLE BLEND (L)</p>	<p>9</p>  <p>CHEESEBURGER OR HAMBURGER LETTUCE AND TOMATO</p> <p>VEGGIE CHEESE SUB (V)</p>

FRESH AND CUPPED FRUITS & VEGETABLES OFFERED DAILY! JOIN US ON NOV. 16TH FOR A THANKSGIVING CELEBRATION!

<p>12</p> <p>VETERANS DAY</p>	<p>13</p>  <p>CHEESE PIZZA (V)</p> <p>TURKEY &amp; CHEESE KABOOM! SUB</p> <p>DRIED CRANBERRIES</p>	<p>14</p> <p>PARENT-TEACHER CONFERENCES (REPORT CARD PICKUP DAY)</p>	<p>15</p>  <p>CHICKEN NUGGETS WITH BREADSTICK</p> <p>VEGGIE CHEESE SUB (V)</p>  <p>ROASTED RED POTATOES (L)</p>	<p>16</p>  <p>THANKSGIVING CELEBRATION! ROAST TURKEY BREAST &amp; MASHED POTATOES WITH GRAVY &amp; BREADSTICK</p> <p>PB &amp; JELLY SANDWICH (V)</p> <p>WARM CINNAMON APPLES</p>
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FRESH AND CUPPED FRUITS & VEGETABLES OFFERED DAILY!

## COLD DELI OPTIONS OFFERED DAILY

**Peanut Butter & Jelly Sandwich\*** Daily

\*SunButter is substituted in buildings with peanut-free menus.

## TOPPINGS OFFERED

**Dressings:** Ranch, Italian & French

**Sauces:** Ketchup, Mustard, Mayo, Hot Sauce



All of our chicken is raised with **No Antibiotics EVER!**

Fruits and veggies rotate daily and may include: cucumber, celery, broccoli, garden salads, tomato, carrots, apples, oranges, bananas, grapes, melon, cranberries, and other cupped fruits.

\*SunButter is substituted in buildings with peanut-free menus.

**Vegetarian** entrees are identified with (V)  
**Local** products grown within 350 miles are identified with (L)

We only use heart-healthy **whole grains**.  
Our **milk** options include 1% lowfat and fat-free milk.



This institution is an equal opportunity provider.



Our menus are pork-free!  
All menus are subject to change.  
Not all offerings may be available in all buildings.

Questions? Contact us at [food@cps.edu](mailto:food@cps.edu)



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MONDAY 	TUESDAY 	WEDNESDAY 	THURSDAY 	FRIDAY 
<p>19</p>  <p>CHICKEN TENDERS WITH BREADSTICK</p> <p>VEGGIE CHEESE SUB (V)</p>	<p>20</p>  <p>SHREDDED TURKEY TACOS OR BEAN TACOS (V) SOUR CREAM · JALAPEÑOS · SALSA</p> <p>PB &amp; JELLY SANDWICH (V)</p> <p>TUXEDO BEANS</p>	<p>21</p> <p>NO SCHOOL</p>	<p>22</p> <p>THANKSGIVING DAY</p>	<p>23</p> <p>NO SCHOOL</p>

## FRESH AND CUPPED FRUITS & VEGETABLES OFFERED DAILY!

<p>26</p>  <p>CHEESE PIZZA (V)</p> <p>TURKEY &amp; CHEESE KABOOM! SUB</p>	<p>27</p> <p><b>Cooking up Change</b></p> <p><b>FIERY POLLO NACHOS OR VEGETARIAN NACHOS (V),</b> A COOKING UP CHANGE RECIPE CREATED BY CULINARY STUDENTS AT SIMEON HIGH SCHOOL SOUR CREAM · JALAPEÑOS · SALSA</p> <p>PB &amp; JELLY SANDWICH (V)</p> <p>FIERY PINTO BEANS</p>	<p>28</p>  <p>CHEESE RAVIOLI (V) WITH BREADSTICK</p> <p>CHICKEN-HAM &amp; CHEESE SANDWICH</p>	<p>29</p>  <p>CHICKEN NUGGETS WITH BREADSTICK</p> <p>ROASTED VEGGIE SUB (V)</p> <p>EMOJI POTATOES (L)</p>	<p>30</p>  <p>PB &amp; JELLY SANDWICH (V)</p> <p>SWEET THAI CHILI BEEF WITH BROWN RICE</p> <p>CANTALOUPE</p>
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## FRESH AND CUPPED FRUITS & VEGETABLES OFFERED DAILY!

### COLD DELI OPTIONS OFFERED DAILY

**Peanut Butter & Jelly Sandwich\*** offered daily Monday through Friday

\*SunButter is substituted in buildings with peanut-free menus.

### TOPPINGS OFFERED

**Dressings:** Ranch, Italian & French

**Sauces:** Ketchup, Mustard, Mayo, Hot Sauce

All of our chicken is raised with **No Antibiotics EVER!**

Fruits and veggies rotate daily and may include: cucumber, celery, broccoli, garden salads, tomato, carrots, apples, oranges, bananas, grapes, melon, cranberries, and other cupped fruits.

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