

K-8 2 Entrée LUNCH MENU

February 2017 - Chicago Public Schools

6
Breaded Chicken Parmesan Penné
 Tuna Salad Sandwich
 Fresh Zucchini Slices
Green Bean & Tomato Salad – Local!
 Seasonal Fruit

7
Beef Soft Tacos
 Egg Chef Salad
 Kickin' Pintos
 Baby Carrots
 Seasonal Fruit

8
BBQ Chicken Drumstick with Roll
 Vegetarian Baja Salad with Roll
 Mashed Potatoes
 Fresh Broccoli
Warm Cinnamon Apples & Cranberries
 Seasonal Fruit

9
Deep Dish Cheese Pizza
 Turkey-Sausage Pizza
 Peanut Butter & Jelly
 Baby Carrots
 Garden Side Salad
 Seasonal Fruit

10
Beef & Bean Nachos
 Egg Salad Sandwich
 Green Beans - **Locally Grown!**
 Fresh Green Pepper Strips
 Seasonal Fruit

13
Cheesy Chicken Burger
 Fruit & Cheese Plate
 With Pretzel Goldfish Crackers
 Zesty Italian Corn – **Locally Grown!**
 Baby Carrots
 Seasonal Fruit

14
Chicken Nuggets with Breadstick
 Three-Cheese Wrap
 Green Beans – **Locally Grown!**
 Fresh Zucchini
 Seasonal Fruit

15
Rotisserie Chicken Drumstick with Cajun Rice
 Tuna Salad Platter with Breadstick
 Cajun Collard Greens
 Sweet Potato Puffs
Warm Cinnamon Apples & Cranberries
 Seasonal Fruit

16
Cheese Pizza
 Turkey-Sausage Pizza
 Turkey & Cheese Sandwich
 Fresh Broccoli
 Garden Side Salad
 Seasonal Fruit

17
Chicken Enchiladas
 Peanut Butter & Jelly
 Southwestern Black Beans
 Fresh Cucumber Slices
 Seasonal Fruit

20
President's Day!
No Classes

21
Breakfast Chicken Patty & Waffles with Maple Syrup
 Chicken Chef Salad with Roll
 Tater Tots
 Fresh Zucchini Slices
 Seasonal Fruit

22
BBQ Chicken Drumstick with Roll
 Romaine Salad with Blended Cheeses & Roll
 Seasoned Corn - **Locally Grown!**
 Baby Carrots
Warm Cinnamon Apples & Cranberries
 Seasonal Fruit

23
Cheese Pizza
 Turkey-Sausage Pizza
Turkey-Bologna & Cheese Wrap
 Garden Side Salad
 Marinated Chickpeas
 Seasonal Fruit

24
Sloppy Joe Melt
 Peanut Butter & Jelly
 Steamed Broccoli
 Baby Carrots
 Seasoned Fruit

27
Chicken Soft Tacos
 Three-Cheese Wrap
 Charro Beans
 Baby Carrots
 Seasonal Fruit

28
Hamburger/Cheeseburger
 Peanut Butter & Jelly
 Seasoned Corn - **Locally Grown!**
 Fresh Green Pepper Strips
 Seasonal Fruit

1
Cheese Pizza
 Turkey-Sausage Pizza
Turkey-Bologna & Swiss Sdw
 Garden Side Salad
Cucumber & Tomato Salad
Warm Cinnamon Apples & Cranberries
 Seasonal Fruit

2
Penné with Italian Meat Sauce
 Veggie Cheese Sandwich
 Green Beans – **Locally Grown!**
 Baby Carrots
 Seasonal Fruit

3
Broccoli & Cheese Flatbread
 Chicken-Ham & Cheese Sandwich
 Fresh Zucchini Slices
 Fresh Broccoli
 Seasonal Fruit

**NEW RECIPES! LOCALLY GROWN INGREDIENTS!
 ANTIBIOTIC-FREE CHICKEN! MORE VEGETARIAN
 OPTIONS DAILY! NEW FRESH FRUIT & VEGGIE COMBOS!
 FRESH, COLORFUL & GOOD FOR YOU!**



If it's red, it's NEW this year!
If it's green, it's VEGETARIAN or LOCALLY GROWN!
Special PROMOTIONS are in yellow!

Find all of our menus at www.cps.edu/menu
 All meals are free, every day!

- We offer a daily rotation of vitamin and mineral-rich seasonal fresh and cupped fruits including: apples, oranges, pears, bananas, cantaloupe & honeydew, grapes, kiwi, peaches & more!
- We use only heart-healthy whole grain breads, pastas, and rice!
- Our milk varieties include 1% low fat & fat-free choices!
- Our menus are pork-free!
- In Peanut-Free Buildings, SunButter™ will be substituted
- All menus are subject to change. Not all offerings may be available in all buildings.