

# LUNCH K THROUGH 8

APRIL 2018

2-ENTREE WITH FRUIT & VEGGIE STATION

[WWW.CPS.EDU/FOOD](http://WWW.CPS.EDU/FOOD)



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>2</b></p>  <p><b>Personal Cheese Pizza or Turkey-Pepperoni Pizza with Breadsticks</b></p> <p><b>Triple Cheese Roll-Up</b></p> <p><b>FRUIT &amp; VEGGIE STATION</b> Baby Carrots Fresh Tomato Wedges Zesty Black Beans Applesauce · Fresh Orange Diced Peaches · Diced Pears</p>	<p><b>3</b></p>  <p><b>Popcorn Chicken Bowl with Breadstick</b></p> <p><b>English Muffin Pizza Kit</b></p> <p><b>FRUIT &amp; VEGGIE STATION</b> Mashed Potatoes Zesty Black Beans Kickin' Pintos · Baby Carrots Celery Sticks · Applesauce Fresh Orange · Cinnamon Pears Diced Peaches</p>	<p><b>4</b></p>  <p><b>Baked Rotini Cheese with Breadstick</b></p> <p><b>PB &amp; Jelly Sandwich</b></p> <p><b>FRUIT &amp; VEGGIE STATION</b> Steamed Broccoli Zesty Black Beans Baby Carrots · Celery Sticks Applesauce · Diced Peaches Fresh Orange · Diced Pears</p>	<p><b>5</b></p>  <p><b>BBQ Chicken Leg (L) with Dinner Roll</b></p> <p><b>Chef Salad with Dinner Roll</b></p> <p><b>FRUIT &amp; VEGGIE STATION</b> Seasoned Potato Roasters (L) Marinated Chickpeas Zesty Black Beans Baby Carrots · Cucumber Diced Pears · Fresh Orange Diced Peaches · Applesauce</p>	<p><b>6</b></p>  <p><b>Yogurt &amp; Cheese Fun Kit</b></p> <p><b>Cheesy Meatloaf Sandwich</b></p> <p><b>FRUIT &amp; VEGGIE STATION</b> Sweet Potato Fries Baby Carrots Zucchini Slices · Celery Sticks Zesty Black Beans Applesauce · Diced Pears Cantaloupe · Diced Peaches</p>
<p><b>9</b></p>  <p><b>Cranberry, Apple &amp; Cheddar Salad with Chicken or Garbanzo Beans and Roll</b></p> <p><b>Personal Cheese Pizza or Turkey-Pepperoni Pizza with Breadstick</b></p> <p><b>FRUIT &amp; VEGGIE STATION</b> Baby Carrots Celery Sticks · Applesauce Orange &amp; Grape Medley Diced Peaches · Diced Pears</p>	<p><b>10</b></p>  <p><b>Turkey Carnitas or Bean and Rice Bowl with Sour Cream, Jalapenos &amp; Salsa</b></p> <p><b>Grilled Chicken-Ham &amp; Cheese or Grilled Cheese Sandwich</b></p> <p><b>FRUIT &amp; VEGGIE STATION</b> Fresh Broccoli Zesty Black Beans Cucumber Slices · Applesauce Banana · Cinnamon Pears Diced Peaches</p>	<p><b>11</b></p>  <p><b>Rotini with Italian Meat Sauce or Broccoli Alfredo Sauce with Breadstick</b></p> <p><b>Tuna Salad Sandwich with Lettuce &amp; Tomato</b></p> <p><b>FRUIT &amp; VEGGIE STATION</b> Side Garden Salad Baby Carrots · Zucchini Slices Warm Cinnamon Apples Diced Peaches Fresh Orange · Diced Pears</p>	<p><b>12</b></p>  <p><b>Fish Po'Boy Sandwich with Buffalo Slaw</b></p> <p><b>Broccoli Caesar Salad with Chicken or Garbanzo Beans</b></p> <p><b>FRUIT &amp; VEGGIE STATION</b> Seasoned Potato Wedges (L) Marinated Chickpeas Cucumber Slices Diced Peaches · Fresh Orange Diced Pears · Applesauce</p>	<p><b>13</b></p> <p><b>No School</b></p>

- We only use whole grain breads, pastas, and rice. Milk includes 1% lowfat and fat-free choices.
- Vegetarian entrees are in **green**.
- All recipes are pork-free.
- We proudly serve "No Antibiotics Ever!" chicken.
- Bringing lunch from home? Grab a **fruit, veggies & milk** for **free** to complete your meal!
- For new recipes and promotions, look for the orange fork!
- Locally-grown ingredients are marked with the (L)

- Now serving **Tony's Personal Pizzas** on Mondays!
- Try our new salads this month! – **Cranberry, Apple & Cheddar** or **Broccoli Caesar!**
- Crazy Flavor – the new **Fish Po'Boy with Buffalo Slaw** on April 12th!
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>16</b></p>  <p><b>Personal Cheese Pizza</b> or <b>Turkey-Pepperoni Pizza</b></p> <p><b>Cranberry Chicken Salad Sandwich</b> with lettuce &amp; Tomato</p> <p><b>FRUIT &amp; VEGGIE STATION</b> Side Garden Salad Fresh Broccoli Celery Sticks Orange &amp; Grape Medley Diced Peaches · Diced Pears</p>	<p><b>17</b></p> <p><b>Cooking up Change</b></p> <p><b>Winning Menu</b> by Prosser Academy Culinary Students!</p>  <p><b>Arroz con Pollo Tazon</b> and <b>Zanahorias Rostizadas</b> (Rice with Chicken, Roasted Carrot Salad) <b>Pear Crisp</b></p> <p><b>PB &amp; Jelly Sandwich</b></p> <p><b>FRUIT &amp; VEGGIE STATION</b> Roasted Carrot Salad Black Beans · Cucumber Slices Caramelized Pear Crisp Baby Carrots · Applesauce Fresh Orange · Diced Peaches</p>	<p><b>18</b></p> <p><b>Elementary School Parent-Teacher Conferences</b></p>	<p><b>19</b></p>  <p><b>Chicken Pasta Primavera</b> with Breadstick</p> <p><b>Yogurt &amp; Cheese Fun Kit</b></p> <p><b>FRUIT &amp; VEGGIE STATION</b> Side Garden Salad Baby Carrots · Fresh Broccoli Diced Peaches · Fresh Orange Dried Cranberries · Applesauce</p>	<p><b>20</b></p>  <p><b>Chicken Nuggets</b> <b>Chili-Lime BBQ Dipping Sauce</b></p> <p><b>Vegetarian Baja Salad</b> with Dinner Roll</p> <p><b>FRUIT &amp; VEGGIE STATION</b> Sweet Potato Fries Marinated Chickpeas · Carrots Fresh Broccoli · Celery Sticks Apple Slices · Diced Pears Fresh Cantaloupe · Raisins</p>
<p><b>23</b></p>  <p><b>Turkey &amp; Cheese KaBoom Sub</b> with lettuce &amp; Tomato</p> <p><b>Personal Cheese Pizza</b> or <b>Turkey-Pepperoni Pizza</b> with Breadstick</p> <p><b>FRUIT &amp; VEGGIE STATION</b> Side Garden Salad Baby Carrots · Celery Sticks Apple Slices Orange &amp; Grape Medley Raisins · Applesauce</p>	<p><b>24</b></p>  <p><b>Country Chicken Nugget Bowl</b> with Breadstick</p> <p><b>PB &amp; Jelly Sandwich</b></p> <p><b>FRUIT &amp; VEGGIE STATION</b> Mashed Potatoes Fresh Broccoli · Chickpeas Baby Carrots · Apple Slices Fresh Orange · Cinnamon Pears Diced Peaches</p>	<p><b>25</b></p>  <p><b>Beef or Vegetarian Nachos</b> with <b>Queso Sauce</b>, Sour Cream, Jalapeños &amp; Salsa</p> <p><b>English Muffin Pizza Kit</b></p> <p><b>FRUIT &amp; VEGGIE STATION</b> Side Garden Salad Zesty Black Beans Warm Cinnamon Apples Raisins · Fresh Banana Diced Pears</p>	<p><b>26</b></p>  <p><b>Chicken Penne Alfredo</b> with Breadstick</p> <p><b>Triple Cheese Roll-Up</b></p> <p><b>FRUIT &amp; VEGGIE STATION</b> Fresh Zucchini Slices Baby Carrots · Fresh Broccoli Diced Peaches · Fresh Orange Dried Cranberries · Applesauce</p>	<p><b>27</b></p>  <p><b>Chicken Patty Sandwich</b> with lettuce &amp; tomato</p> <p><b>Fruit &amp; Cheese Plate</b> with Dinner Roll</p> <p><b>FRUIT &amp; VEGGIE STATION</b> Italian Blend Green Beans Fresh Cucumber Slices Baby Carrots · Celery Sticks Apple Slices · Diced Pears Fresh Cantaloupe · Raisins</p>

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- On April 17<sup>th</sup>, celebrate the culinary students' at **Prosser High School's** winning menu in this year's **Cooking up Change** competition! Learn more [here](#).
- **Nachos** now served with **Queso Sauce**! Try it on the 25<sup>th</sup>!
- All chicken is antibiotic-free!
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